

MOUTHPIECE FOR REDUCING SNORING

Abstract Of The Disclosure

A mouthpiece and method for reducing snoring comprise a mouthpiece

5 body of a thermoplastic material having a shape generally complementary to the person's dental arch, including a posterior end having two spaced apart members positioned toward the back of the person's dental arch when properly worn, and an anterior end having an airway opening therethrough, the anterior end positioned when properly worn to support the person's lips

10 spaced apart so that air flows through the airway opening; and a substantially rigid protective mold of a thermostable material, the protective mold protecting at least a periphery of the mouthpiece body.